



Day-4 Schedule

		Duration	Start	Finish
Event 6/7 (Individuals)	Females 18-34	16 min	10:00:00 AM	10:16:00 AM
	Females 18-34	16 min	10:19:00 AM	10:35:00 AM
	Females 18-34	16 min	10:38:00 AM	10:54:00 AM
	Females 18-34	16 min	10:57:00 AM	11:13:00 AM
	Males 18-34	16 min	11:16:00 AM	11:32:00 AM
	Males 18-34	16 min	11:35:00 AM	11:51:00 AM
	Males 18-34	16 min	11:54:00 AM	12:10:00 PM
	Males 18-34	16 min	12:13:00 PM	12:29:00 PM
	Males 18-34	16 min	12:32:00 PM	12:48:00 PM
	Males 18-34	16 min	12:51:00 PM	1:07:00 PM

Break 1	20 min	1:07:00 PM	1:27:00 PM
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Event 6/7 (Masters)	Females 45+	16 min	1:27:00 PM	1:43:00 PM
	Females 40-44	16 min	1:46:00 PM	2:02:00 PM
	Females 35-39	16 min	2:05:00 PM	2:21:00 PM
	Males 50+	16 min	2:24:00 PM	2:40:00 PM
	Males 45-49	16 min	2:43:00 PM	2:59:00 PM
	Males 40-44	16 min	3:02:00 PM	3:18:00 PM
	Males 40-44	16 min	3:21:00 PM	3:37:00 PM
	Males 35-39	16 min	3:40:00 PM	3:56:00 PM
	Males 35-39	16 min	3:59:00 PM	4:15:00 PM

Break 2 & Awards Ceremony	45 min	4:15:00 PM	5:00:00 PM
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SHOWDOWN (Individuals)	Heat 1	5 min	5:00:00 PM	5:05:00 PM
	Heat 2	5 min	5:08:00 PM	5:13:00 PM
	Heat 3	5 min	5:16:00 PM	5:21:00 PM
	Heat 4	5 min	5:24:00 PM	5:29:00 PM