

## 2021 ITALIAN SHOWDOWN RULEBOOK

### **PREMISE**

This premise is to be considered an integral part of the rulebook set out here, together with attachment 1 relating to the privacy policy. Registration for the Italian Showdown can only take place if the participant declares to have read, approved and signed this rulebook consisting of 4 pages in addition to Annex 1, in substantial and full acceptance of the same and if he declares to know and accept the anti-doping code by NADO Italia (national anti-doping organization) and by WADA (World Antidoping Agency). It is emphasized that a necessary condition for registering is also represented by the consent due from the participant to the production of photos and/or videos of his own image.

### **ARTICLE 1. NAME AND ORGANIZATION**

The Italian Showdown is an amateur sports event organized by CHIMERA SSDRL (CSEN affiliate 39159, CONI register 200079) with registered office in Via Vittorio Veneto 11 in Varese, with the aim of promoting fitness for the purposes of well-being, conditioning and maintenance of physical fitness and to promote physical well-being, proper nutrition and an optimal lifestyle.

The sixth edition is scheduled from 24 to 26 September 2021 at the Rimini Expo Center (RN), in conjunction with RiminiWellness.

### **ARTICLE 2. CONDITIONS FOR ADMISSION TO THE EVENT**

In order to be admitted to the Italian Showdown, the participant must:

- a) having reached the age of majority;
- b) read and accept this rulebook in its entirety, accept the rules on the discharge of responsibility, on the processing of personal data / privacy information and accept the anti-doping code which is considered herein as fully referred to ([www.nadoitalia.it](http://www.nadoitalia.it));
- c) register through the platform available on the event website ([www.italianshowdown.com](http://www.italianshowdown.com)) and pay the fee of €.59,00 as membership with the organizing Sports Club, including basic insurance for the days of the event; this fee is not due in the case of a direct invitation sent by the Organizer;
- d) be in possession of a medical certificate of eligibility to practice competitive sporting activity valid for the entire duration of the event, in addition to the EU digital COVID certificate or equivalent title;
- e) no disciplinary proceedings or measures of precautionary suspension, disqualification, inhibition by the sports justice bodies must be against the participant;
- f) accept and comply with the national and regional legislation relating to Covid-19 in force during the period provided for the event, including any changes and/or additions.

### **ARTICLE 3. ANTI-COVID HEALTH REGULATIONS**

By registering for the event, the participant accepts and is aware that the Italian government has extended the national state of emergency due to the pandemic for Covid-19 until 31/12/2021 and is extremely aware that from 6 August 2021 it is necessary to have an EU digital COVID certificate (Green Pass) to access shows open to the public, sporting events and competitions, fairs, conferences and congresses.

The legislation requires the Organizer or its operators to verify that access to the venue and the competition itself take place in compliance with the provisions of the law. In the event of violation, it is noted that the competent Public Authorities and Law Enforcement may administer a pecuniary sanction from €.400,00 to €.1.000,00 both to be paid by the Organizer of the event and by the participant.

Therefore, it is the Organizer's right to prohibit access to the event location and exempt the participant if at the entrance they do not show a valid Green Pass or other certification required by national and/or regional legislation in force at the time of the event. The Organizer reserves the right to ask for the Green Pass to be shown before accessing the venue, within it and at any time deemed appropriate for reasons of health safety of the participant and of all third parties.

### **ARTICLE 4. ANTI-DOPING REGULATION**

By registering for the event, the participant declares:

- a) to know and comply with national and international anti-doping regulations;
- b) to respect the law n.376/2000, aware of the penal effects deriving from the application of article 9 in case of violation of the law, and the law n.237/2007 ratifying the international convention against doping in sport adopted by the General Conference of UNESCO and which established NADO Italia;
- c) to recognize NADO Italia and WADA as the national and world authority for the fight against doping, for which the World Anti-Doping Code of which NADO Italia is a signatory is applied;
- d) to accept the provisions contained in the anti-doping code adopted by NADO Italia, implementing the WADA World Anti-Doping Code and related international standards.

## **ARTICLE 5. ABILITY CATEGORY**

The Italian Showdown is an amateur competition based on a combination of Weightlifting (activities with loads and resistances aimed at fitness and physical well-being) and Gymnastics (gymnastics sporting activity aimed at health and fitness) suitable for participants of all ability levels. No particular physical skills are required, other than certification of suitability for the practice of competitive sports and the ability to perform the fundamental movements indicated on the event website.

All competitors participate in the same OPEN ability category. Those who are not able to perform a workout as prescribed (RX), can stay in the competition by choosing to perform the simplified version of the same workout (SCALED); in this case, the participant must notify his judge of the version chosen before the start of the workout. Those who perform the SCALED version of a workout are placed in the ranking below the last competitor who performed the RX version of that workout. The competition can be finished with any combination of RX and SCALED workouts, which combine to form the score that determines the final position in the ranking.

## **ARTICLE 6. AGE DIVISIONS**

The competitor is placed in the age division considering only the year of birth, so for the purposes of the ranking, the age reached during the year 2021 must be considered, regardless of the day and month of birth and the date of the event:

- Males / Females aged 18 to 34 (born on or between 1987 and 2003)
- Males / Females aged 35 to 39 (born on or between 1982 and 1986)
- Males / Females aged 40 to 44 (born on or between 1977 and 1981)
- Males / Females aged 45 to 49 (born on or between 1972 and 1976)
- Males / Females aged 50 and over (born on or before 1971)

## **ARTICOLE 7. CHECK-IN**

In order to be admitted to the event, all participants must be identified in person and receive their credentials, in the form of a bracelet or other similar instrument for personal recognition, to be kept for the entire duration of the event. Check-in takes place on the first day of the competition, about an hour before the elimination heat; therefore, it is the responsibility of each participant to meet all travel and planning commitments required to meet the event program. The participant must present a generally recognized and valid identification document, such as an identity card or passport, and a valid medical certificate of eligibility to practice competitive sporting activity and exhibit the EU digital COVID certificate or other similar certification required by the legislation in force at the time of the competition.

## **ARTICLE 8. ELIMINATION STAGE**

During the first day of competition the elimination stage takes place according to the following criteria.

- a) The first 1.500 registrants in compliance with all the requirements set out in this rulebook have direct access to the first day of competition.
- b) All participants, without exception, must perform 3 elimination workouts based on the 3-minute ON & 1-minute OFF scheme.
- c) The position in the ranking at the end of the elimination phase determines whether the participant is admitted to the next phases or if he is definitively eliminated from the competition.
- d) The Organizer has the right to change the number of admitted participants for logistical or security needs, and can also assign slots to other companies, organizations and third parties by direct invitation.

## **ARTICOLE 9. SEMI-FINAL STAGE**

During the second day of competition the semi-final stage takes place according to the following criteria.

- a) Based on the ranking of the elimination stage, about 20% of the participants are admitted to the semi-final stage:
  - Age division 18-34 years: 78 males + 52 females
  - Age division 35-39 years: 26 males + 13 females
  - Age division 40-44 years: 26 males + 13 females
  - Age division 45-49 years: 13 males + 13 females
  - Age division 50+ years: 13 males + 13 females
- b) In order to ensure equal representation of gender and age, or for logistical and/or safety needs, the Organizer may change the admission quotas to the semi-final stage based on the actual number of participants in each gender and age division.
- c) Competitors admitted to the semi-final stage must perform workouts based on more advanced skills and higher loads than in the first stage of the competition, always appropriate to the division they belong to by gender and age.
- d) At the beginning of the semi-final stage, the leaderboard is not reset, so that the results obtained in all the tests of the entire competition combine to form the score that determines the final placement in the ranking.
- e) At the end of the semi-final stage, no further cuts are made and all participants remaining in the competition are admitted to the next stage.

## **ARTICOLE 10. FINAL STAGE**

During the third day of competition the final stage takes place according to the following criteria.

- a) For competitors in the age divisions 35 and over, the competition ends with the last workout scheduled.
- b) For competitors in the age division from 18 to 34, the ranking at the end of the last workout determines the top-5 competitors who must take an additional test (Showdown) to earn the title of Italian Showdown Champion.
- c) The final Showdown takes place after resetting the score accumulated in previous workouts, through a series of consecutive stages with direct elimination, based on tests unknown until the last moment; the last man and woman standing will be the Champions.

## **ARTICOLE 11. WINNERS AND PRIZES**

The top-3 finishers in each division receive 1st, 2nd and 3rd place medals. In addition, the male and female winner of the 18 to 34 age division receive the Italian Showdown Champion Cup.

The composition and distribution of any additional prizes, in cash or in products offered by the partners, will be communicated before or during the event; these prizes will be given to the winners within 90 days of the end of the event; all prizes may be subject to taxation and withholding in compliance with current tax regulations.

The awarding of prizes may be suspended indefinitely or canceled in the event of disciplinary proceedings or measures of precautionary suspension, disqualification or cancellation of the result.

## **ARTICOLE 12. SYSTEM OF EVALUATION AND RANKING**

- a) The score of each workout is based on the execution time or the number of repetitions completed or the weight lifted; any failed or incorrectly performed movement constitutes a "no rep", ie a repetition that is not valid for scoring purposes.
- b) The assignment of points for each workout is based on the following principle: the 1st ranked receives 1 point, the 2nd ranked receives 2 points, the 3rd ranked receives 3 points and so on... In case of a tie in the single workout, tied competitors receive the same number of points. At the end of the competition, the competitor who scores the lowest sum of points is first and so on, the others.
- c) In the event that two or more competitors are on equal points in the general leaderboard, the final placement will be determined by counting the number of best places in each workout; in the event of a further tie, the absolute best placement will be evaluated; if it is not possible to resolve the tie by applying these criteria, the best placement will be assigned to the youngest competitor and, in the case of the same age, to the competitor who registered first for the event. In no case there will be any direct playoff matches.
- d) During all stages of the competition, the competitors' performances are verified by one or more judges in accordance with the movement standards described on the official website of the event and with the criteria communicated by the judges during the competition.
- e) At the end of the workout, to validate the score assigned by the judge, the participant must sign the score-card; in the event of disputes, the competitor must reject the score card and immediately appeal to the Director of the Competition.
- f) A signed score card cannot be subsequently contested and the recorded score is final and unappealable.
- g) The decisions of the Director of the Competition and the Organizer are final and unappealable.

## **ARTICOLE 13. RULES OF CONDUCT**

The participant agrees to behave in a fair and sporting manner. Manipulation and attempts at deception, disturbing or hindering behaviors, violent discussions and offensive comments expressed in any way and on any means, may be punished by the Organizer with exclusion from the competition, up to recourse to legal action.

All unsportsmanlike conduct and any possible attitude aimed at damaging the Organizer, partners, participants, spectators and others present or preventing other competitors from participating in the competition in a fair and correct manner are also punishable by penalties on the ranking.

## **ARTICOLE 14. CONSENT TO THE PRODUCTION AND USE OF PHOTOS AND FILMS**

During the event, photos and videos are made by operators authorized by the Organizer in order to produce promotional audiovisual material. By signing this rulebook, the participant expressly authorizes the Organizer and its partners in any capacity to create, process, publish and transmit photos and films (video/audio) regarding their image in the context of the event and the consequent use of all material for purposes related to promotion and documentation, by any means and through any channel or support (digital, analog, paper) on online and offline channels, own and third parties without any limitation.

The participant grants the Organizer and its partners the authorization for the free and indefinite use of all the material that portrays him in any action taken during the event, without having to give prior authorization and without anything to claim, done without prejudice to the limitation of the protection of the dignity and dignity of the person. The authorization is understood to be granted pursuant to article 10 of the civil code of articles 96 and 97 of law no.633/1941 on copyright.

#### **ARTICLE 15. DECLARATION OF LIABILITY AND INDEMNITY**

The participant declares to be aware of the foreseeable and unpredictable risks connected to the sporting activity carried out during the event and to be in possession of suitable valid medical certification, in compliance with the health regulations in force at the time of the competition. The participant declares to have carefully read and evaluated the content of this rulebook and to have clearly understood the meaning of each single point before signing it; furthermore, he fully understands and shares the aims of these rules established for his safety and that failure to comply with them can put himself and the other participants in danger.

The participant assumes any and all criminal and/or civil liability regarding his person, for damage caused to others and/or things due to his own behavior during the competition, even in the event that he registers by entering false personal data.

The participant declares to relieve the Organizer and its partners from any and all civil and criminal liability, none excluded, deriving from the competition and from all related events for damage to things and / or people caused by him or derived from him.

#### **ARTICLE 16. SUSPENSION, POSTPONEMENT, CANCELLATION AND MODIFICATIONS**

Following the pandemic circumstance relating to Covid-19, and by virtue of other similar or different unforeseen and currently unforeseeable situations, for reasons of force majeure and for reasons that do not depend on the will of the Organizer, including the entry into force of possible national and/or regional regulations that could hinder the smooth running of the event, by signing this rulebook the participant accepts that:

- a) the Organizer can suspend the event, postponing it to another date, or cancel it without setting other dates;
- b) the Organizer can transfer the event to another location or have it carried out remotely through suitable electronic means (online mode);
- c) in the event of suspension, postponement, cancellation, transfer, modification of the format for the reasons set out above, the participant will be responsible for any expenses incurred for travel, food and/or accommodation, therefore not reimbursable by the Organizer;
- d) once made the payment indicated in article 2 lett. c) of this rulebook, the fee paid during registration is not refundable, not even partially, as it is paid as membership to the Sports Club, which remains valid for the entire calendar year, regardless of the event;
- e) Membership of the Sports Club and registration for the event are strictly personal and non-transferable, therefore in the event of unexpected commitments or injuries, the participant will not be able to transfer his/her slot to other people.

#### **ARTICLE 17. PROCESSING OF PERSONAL DATA**

Pursuant to the combined provisions of Article 13 of Legislative Decree No.196/2013, having acknowledged the rights referred to in Articles 7 et seq. and of the GDPR EU Reg. 2016/679, the participant expresses, as far as is necessary for the purposes established by law, the consent to the processing of personal data by the organizer of the event and all partners, sponsors and suppliers of computer systems that are used for the purpose of registering the participant, registering for the competition, formulating the list of competitors, running the competition, forming the ranking, publishing the results and for everything related to the event, including the sending of communications created directly by the Organizer. The participant also gives consent for the aforementioned purposes so that the Organizer can share the data with the sports promotion body to which the organizing sports club is affiliated, with CONI, with insurance and with the partners of the event.

#### **ARTICLE 18. FINAL PROVISIONS**

The Organizer reserves the right to modify this rulebook at any time in order to ensure optimal performance of the event. Any changes to services, venues and times relating to the competition will be announced via the official website of the event.

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Pursuant to and for the purposes of articles 1341 and 1342 of the Italian Civil Code the participant, by registering for the 2021 Italian Showdown, signs the following articles of the rulebook for express acceptance and approval:

ARTICLE 2. CONDITIONS FOR ADMISSION TO THE EVENT

ARTICLE 14. CONSENT TO THE PRODUCTION AND USE OF PHOTOS AND FILMS

ARTICLE 15. DECLARATION OF LIABILITY AND INDEMNITY

ARTICLE 16. SUSPENSION, POSTPONEMENT, CANCELLATION AND MODIFICATIONS

ARTICLE 17. PROCESSING OF PERSONAL DATA

ARTICLE 18. FINAL PROVISIONS

ANNEX 1. PRIVACY POLICY

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### **Data controller and categories of data processed**

Participation in the event involves the processing of the participant's personal data such as: personal data and membership of sports companies/bodies; images shot through photos and movies. Data relating to the health of the person concerned may also be processed (data on pathologies obtainable from medical certificates or declared directly by the person concerned, or for Covid-19), where strictly necessary for the purposes of registration and participation in the event. In such cases, the consent of the interested party is required for participation in the event and failure to perform the same prevents the completion of the registration. The data controller is the Organizer: CHIMERA SSDRL with registered office in Via Vittorio Veneto 11 in Varese.

### **Purposes and conditions of the processing**

The use of the personal data indicated above is inherent in the sporting and public nature of the event, in its organizational needs and in the provision of services provided to the participant. The Organizer uses and processes the data, also through its technical and service partners and the companies connected to it, for the following purposes: membership of the Sports Club, registration for the competition, formulation of the list of competitors, conduct of the race, formation of the ranking, publication of results and everything related to the organization and promotion of the event, including sending communications to participants.

In addition to the aforementioned purposes, the Organizer uses the data for the necessary sharing needs with the sports promotion body to which the organizing sports club is affiliated, with CONI, with insurance and with the partners of the event. .

The prerequisites for processing are therefore constituted by the organization and carrying out of the sporting event, by the registration of the participants, by the consent of the interested party, by the pursuit of the legitimate interest of the Organizer and its commercial partners and by any other fulfillment imposed by law or to protect the participant's right to life.

The Organizer again draws the attention of the participant so that it is undisputed that during the course of the event videos and photographs will be taken, given the provisions of Article 14 of the Regulations and for the purposes described in detail. The authorization to shoot one's image in the context of the event is a necessary requirement to participate in the event itself: therefore, the failure to authorize the use of one's image for the aforementioned purposes, as required by Article 14 of the Rulebook, implies the impossibility of registering for the event.

### **Communication and dissemination of data**

The Organizer informs the participant that the event is also organized and managed through its own operators, technical-IT managers, telematic platforms and with the support of sponsors. Some of these services may require or require the registration of the interested party on the partner's platform or in any case processing carried out by the partner as an independent data controller; in such cases, the interested party is invited to carefully read the privacy information provided by the partner. The interested party can know the list of partners and sponsors at any time by writing to the Organizer.

In consideration of the public nature and purpose of the event, the participant also acknowledges and accepts that the data relating to their image, their results or their position in real time, can be made publicly accessible by dissemination on the Organizer's channels. , sponsors and service partners of the event and / or communicated to third parties for reporting, documentation and promotion purposes.

### **Consent for the use of the image**

With the specific and free consent of the interested party, the Organizer may take advantage of the footage that includes his image for the promotion of the event and other events organized by the Organizer.

### **Processing for marketing purposes**

By registering for the event, the participant makes his e-mail address available to the Organizer, which can be used by the Organizer without the prior consent of the participant, to send him communications relating to the event, upcoming events or in any case relating to the products of the sponsors of the event itself. The Organizer has the right to send communications from sponsors to the participant's e-mail address, without the prior consent of the registered competitor.

### **Data retention and data processors**

The participant's data will be stored in the Organizer's computer archives and protected by appropriate security measures in line with the provisions of Article 32 of EU Regulation 2016/679. The data will be kept for the time necessary in relation to the purposes for which they were collected and possibly for a further period of time if the retention of the data is necessary for the protection of a right of the Organizer or a third party.

### **Transfer of data outside the EU**

In the case of international data transfers starting from the European Economic Area (EEA), where the European Commission has recognized that a country not belonging to the EEA is able to guarantee an adequate level of data protection, the data of the interested party may be transferred on that basis. For transfers to countries not belonging to the EEA whose level of protection has not been recognized by the European Commission, the Organizer will rely on an exemption applicable to the specific situation or will implement one of the following measures to ensure the protection of your data: contractual clauses standards approved by the European Commission; binding corporate rules, where applicable. To obtain a copy of these measures or details on where they are available, you can send a written request as indicated in the following article.

### **Rights of the interested party**

At any time, the participant may exercise, pursuant to articles 15-22 of EU Regulation 2016/679, the right to:

- obtain information in relation to the processing of personal data and a copy of such data;
- obtain information about the purposes of the processing, the categories of personal data, the recipients or categories of recipients to whom the personal data have been or will be communicated and, when possible, the retention period;
- obtain the cancellation or correction of data;
- obtain the limitation of data processing without these being deleted;
- obtain data portability, i.e. receive them from the data controller in a structured format, commonly used and readable by an automatic device, and transmit them to another data controller without hindrance;
- oppose the processing of data unless there are compelling reasons why the Organizer's interest prevails over its rights (this is the case, for example, where the processing is necessary to defend a right of the Organizer in court);
- oppose an automated decision-making process relating to natural persons, including profiling;
- ask the data controller to access personal data and to correct or cancel them or limit their processing or to oppose their processing, in addition to the right to data portability;
- withdraw the consent at any time without prejudice to the lawfulness of the processing based on the consent given prior to the revocation;
- lodge a complaint with the supervisory authority for the protection of personal data.

The participant can exercise his rights with a written request to be sent to the e-mail address [info@chimerassd.it](mailto:info@chimerassd.it) or by ordinary mail to **CHIMERA SSDRL, Via Vittorio Veneto 11, 21100 Varese (VA)**.